



## Early Detection. Confident Diagnosis.

Your doctor has advised you to have a breast biopsy because an abnormal appearing area was seen on your mammogram.

It is reassuring to know that the majority of breast biopsies are negative, that is, no signs of cancer are found. Numerous studies have shown that early detection greatly improves the chances for successful treatment of breast cancer and provides more treatment options.

This center uses the most advanced technology available to aid in the detection and diagnosis of breast cancer. The Affirm® Prone breast biopsy system from Hologic will be used for your biopsy and has been designed to make this procedure as comfortable as possible for you, while producing superior clinical results.

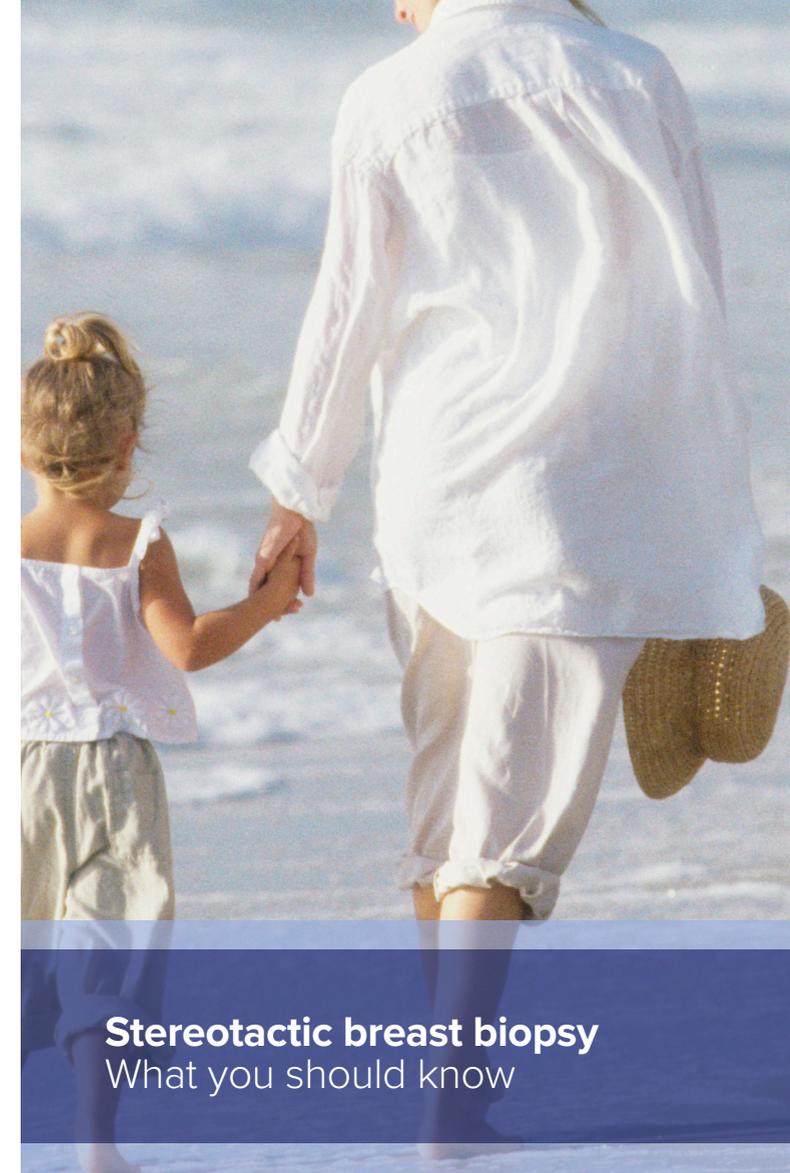
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## What you should know

This is a simple and safe procedure performed in the office by our team of breast imaging specialists. Advanced computer imaging technology is used to map the precise location of the area of interest in the breast that was seen on your mammogram.

This technology aids the physician in removing a small section of the suspicious tissue with pinpoint accuracy. The sample is sent to a pathologist, a physician specializing in the analysis of tissue samples under a microscope for diagnosis. The entire biopsy should take approximately one hour

**Please contact our office if you have questions about this procedure.**



## Stereotactic breast biopsy What you should know

Advancing how breast cancer  
is detected **today**

## About the biopsy procedure

On the day of the procedure, you will be asked to undress and will be given a gown to wear. The technologist will position you face down on a specially designed table with your breast placed through an opening in the tabletop. The tabletop will be raised and the physician and technologist will perform the procedure from beneath the table. Your breast will be slightly compressed and held in a fixed position to ensure the accuracy of the procedure. X-ray images will be taken, and special software will map the exact location where tissue samples will be taken.

The skin over the biopsy area will be cleansed with a special disinfecting soap, and numbed with a local anesthetic injected into the breast with a small, thin needle. A small incision will be made and the biopsy instrument will be inserted. You may feel some slight pressure during this time. As the samples are taken, you may hear a 'click' from the biopsy device. Several samples will be taken to ensure the most accurate diagnosis possible. When the procedure is completed, a sterile gauze and an ice pack will be applied over the incision to minimize swelling and bleeding. Before you leave, a simple pressure bandage and some sterile strips will be placed over the incision. Stitches are not required for this procedure.

Once you receive instructions concerning the care of the biopsied area, you will be free to dress and go home.



## Before your procedure

There are several things you can do to make your procedure easier and more efficient.

- Discuss any medication you are taking with your physician. You may be asked to discontinue the use of blood-thinning medications, including aspirin and aspirin-like products, a number of days prior to your biopsy procedure.
- Wear clothing that is comfortable and easy to remove.
- Avoid the use of deodorant, underarm powders or creams before the procedure. They may interfere with the quality of the images taken during your procedure.
- Eat a light meal before your procedure

## After your procedure

Immediately following the procedure, you will need to avoid strenuous activity and heavy lifting for the remainder of the day. You may experience some discomfort and notice some bruising of the area that usually disappears within five to seven days. This is a normal part of the healing process. The physician will review the pathology report and discuss the findings with you. The results are usually available in 48-72 hours.

For additional information, please contact our office.

# FAQs

### **Q: How much of the breast tissue or lump will be removed?**

A: Only a small sampling of tissue from the suspicious area will be taken.

### **Q: How long will the biopsy take?**

A: Biopsy times vary depending on each patient's situation. Typically, the total time in the doctor's office for a biopsy is 45 minutes from the time you enter the exam room until you leave. The actual procedure to locate and collect the tissue samples is about 15 minutes. This includes the time it takes for the doctor to remove tissue, which is usually less than one minute.

### **Q: Will I experience any pain during the procedure?**

A: Each patient is different, but you might feel a slight sting or pinch when the anesthetic is first being administered to your breast. Numbing the breast prior to the biopsy should make the rest of the procedure as pain-free as possible.

### **Q: How will I feel after the procedure?**

A: Your breast may be slightly tender and you may experience some bruising at the biopsy site. Typically, most women can resume many of their normal activities the same day as the procedure. Your doctor will advise you of post-biopsy procedure care.